

## OUR WELLNESS PROGRAMMES

Wrapped in the murmur of Atlantic waves, **The View Wellness** is a sanctuary where tradition, science, technology, and a holistic approach come together to deliver an experience of regeneration, balance, and vitality. Here, wellness becomes a sensory journey, offering a complete response for both body and mind.

Our expert therapists—true wellness artisans—welcome you into a light-filled centre. Their mission: to guide you on a personalised path to well-being through bespoke treatments and comprehensive programmes that blend the latest scientific advances with the richness of ancestral traditions.

Our goal is to offer you an incomparable revitalising experience.

---

## OUR EXCLUSIVE WELLNESS PROGRAMMES

The View Wellness offers a holistic wellness experience where Moroccan tradition and contemporary innovation unite in perfect synergy.

Discover our three exclusive programmes, each offering unique benefits inspired by ancestral wisdom and supported by modern science.

---

## WELLNESS TREATMENTS – MASSAGES

### Head Spa Massage

Relaxing massage of the head and neck followed by trapezius stretching.

25 min / 600 DH / £48

### Relaxing Back & Leg Massage

Targeted massage releasing nervous and muscular tension.

25 min / 600 DH / £48

### Wellness Massage

Deep relaxation with long, slow, flowing movements.

50 min / 1100 DH / £88

### Thai Floor Massage

Traditional Asian therapy using deep stretches and active postures.

50 min / 1100 DH / £88

### Thai & Hot Oil Fusion Massage

Deep modelling and stretching with warm oil for muscle relaxation.

50 min / 1100 DH / £88

### Toning Swedish Massage

Energising massage that stimulates circulation and muscle recovery.

50 min / 1100 DH / £88

### **Quartz Therapy Signature Massage**

Manual techniques combined with quartz pouches to release stress and pain.

50 min / 1100 DH / £88

### **Hot Stone Massage**

Volcanic stones deliver deep muscular relaxation through heat.

50 min / 1100 DH / £88

### **Foot Reflexology**

Acupressure on reflex points to rebalance energy and improve sleep.

25 min / 600 DH / £48

### **Prenatal Massage – “Mum To Be”**

Gentle massage designed for expectant mothers.

50 min / 1100 DH / £88

---

## **WATER SIGNATURE TREATMENTS**

### **The View 4-Hand Shower Massage**

Two therapists working in perfect synchrony under fine water spray.

25 min / 900 DH / £72

### **The View 2-Hand Shower Massage**

Remineralising massage under a water shower (suitable for pregnancy months 4–7).

25 min / 600 DH / £48

### **Salt Scrub**

Exfoliating and hydrating treatment using mineral salts.

25 min / 600 DH / £48

### **Vegeto-Mineral Mud Wrap**

Mineral salts, microalgae, and Moroccan kaolin for muscle relaxation and pain relief.

25 min / 600 DH / £48

### **Seawater Hydromassage Bath**

Jet massage stimulating circulation and mineral absorption.

12 min / 300 DH / £24

### **Tonic or Slimming Jet Shower**

High-pressure seawater jet for relaxation, circulation, or drainage.

12 min / 300 DH / £24

### **Signature Trilogy – 2 Hands**

Hydromassage bath + Mud wrap + 2-hand shower massage

65 min / 1500 DH / £120

### **Signature Trilogy – 4 Hands**

Hydromassage bath + Mud wrap + 4-hand shower massage

65 min / 1800 DH / £145

### **Colon Hydrotherapy**

Gentle detox treatment cleansing the colon.

50 min / 1100 DH / £88

---

## **HEALTH & THERAPEUTIC TREATMENTS**

### **LPG ENDERMOLOGY – BODY & FACE**

#### **Intensive Detox / Young Mother / Anti-Age Programmes**

90 min / 2000 DH per day / £160 per day

#### **Prelude – Body**

20 min / 500 DH / £40

#### **Extreme – Body & Face**

60 min / 1350 DH / £108

#### **Face Treatments (Glow, Detox, Firming, Anti-Age)**

20–85 min / 450–1500 DH / £37–£120

#### **10-Session Packages Available**

20 min / 3500 DH / £281

30 min / 5500 DH / £442

40 min / 7500 DH / £603

---

## **THERAPEUTIC CARE WITH PHYSIOTHERAPIST**

### **Physiotherapy Session**

25 min / 600 DH / £48

50 min / 1100 DH / £88

### **Therapeutic Massage**

50 min / 1100 DH / £88

### **Manual Lymphatic Drainage**

25 min / 600 DH / £48

50 min / 1100 DH / £88

---

## **HIGH-TECH TREATMENTS**

### **Body Sculptor (Pressotherapy & Magnetic Fields)**

30 min / 700 DH / £56

**Iyashi Dome (Japanese Infrared Therapy)**

35 min / 750 DH / £60

**Huber Motion**

Advanced movement and posture technology.

40 min / 600 DH / £48

**Jacquier Oxygen Bowl**

Natural cellular oxygenation via pine resin inhalation.

3 min / 100 DH / £8

**Whole-Body Cryotherapy**

Anti-inflammatory and recovery therapy.

3 min / 600 DH / £48

---

**BEAUTY – THE ART OF BATHING****MOROCCAN RITUALS – MAROCMAROC****The View Hammam Ceremony**

Complete traditional Moroccan hammam ritual.

75 min / 950 DH / £76

**Steam Escape Hammam**

Steam bath, clay wrap, and hydration.

45 min / 650 DH / £52

**Relaxation Ceremony**

Purifying scrub and traditional massage.

60 min / 800 DH / £64

**Four-Hand Ceremony**

Synchronized massage by two therapists.

90 min / 2200 DH / £177

*(Additional MarocMaroc body and face rituals continue with full pricing as per brochure.)*

---

**NATURA BISSÉ FACIAL & BODY CARE**

Internationally awarded luxury skincare treatments including:

- Citrus Essence
- O<sub>2</sub> Relax
- Instant Glow
- NB Ceutical Skin Comfort
- Vitamin C Body Perfection

- Diamond Well-Living
- Mother-To-Be Treatments

(30–90 min / 750–1450 DH) / £60.30–£116.58

---

### **SPA HOURS**

Daily: 9:00 – 22:00

Fitness Centre: 7:00 – 22:00

24/7 security monitoring

---